

5819-G10**g-BAR (POLY) BOX TUBE LOWER CONTROL ARMS
82-02 CAMARO (GM F-BODY) AND 78-87 MONTE CARLO (GM G-BODY)**

<u>ITEM</u>	<u>QTY</u>	<u>PART NO.</u>	<u>DESCRIPTION</u>
1	2	5016	Lower control arm G body 78-87
2	4	1073	Sleeve 5/8 x 1/2 x 2.406
3	8	3540	Urethane bushing 1.375 x .625
4	4	3200	Locknut 1/2 - 20
5	4	3106	Bolt 1/2 - 20 x 4
6	1	3507	Grease pack
7	4	3534	Grease zerk 1/4-28 straight

These control arms are designed to replace the OEM control arms on 82-02 Camaros and 78-87 G-body GM cars.

1. To assemble the control arms, insert the two urethane bushings into the machined sleeves at each end of the control arm. Use some of the grease supplied to lubricate all surfaces of the bushing that will contact steel. Press the 5/8 OD sleeves into the bushings using the grease supplied. Thread the grease zerks into the threaded holes in the machined sleeves on each end. Repeat this procedure for the other control arm.
2. Next, jack up your car and put jack stands under the frame and let the rear end hang free from the shocks so there is no load on the suspension. If your car has a sway bar, remove it now.
3. Remove one of the stock control arms. NOTE: Only one at a time! Put the new control arm in place. The two sway bar mount holes go toward the rear end housing and grease zerks point toward the ground. Secure the control arm with the bolt and locknut provided. Repeat this procedure for the other side.
4. Replace the sway bar removed earlier.

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